

## Ensuring a Seamless Transition

- ❖ We are honored to welcome all veterans and military service members who have recently returned from serving during our current combat operations such as Operation Enduring Freedom (OEF) and Operation Iraqi Freedom (OIF).

- ❖ We are committed to helping make each service member's transition from active duty military status to civilian life as smooth and seamless as possible.

The VA provides combat veterans with free dental for 180 days post discharge from a deployment area. If dental care was given 3 months prior to being demobilized then this does not apply.

- ❖ The VA provides combat veterans with free health care for conditions potentially related to their combat service for up to five years following their separation from active duty. At the end of the five-year period, veterans will retain enrollment eligibility. Co-pay status will be determined based on individual circumstances.



**John Cochran VAMC**

## WELCOME HOME VETERANS *Now it is VA's Turn to Serve*



**Jefferson Barracks VAMC**

### Eligibility

The primary factor in determining basic eligibility for VA benefits is "veteran status."

- ❖ Active duty in the Armed Forces with a discharge or release from active service under conditions other than dishonorable conditions establishes veteran status
- ❖ Reservist or National Guard members can establish eligibility for VA healthcare benefits only if the President activated them for federal duty.
- ❖ Reservists who are never called to active duty may qualify for some benefits through the Veterans Benefits Administration (VBA).

### Online Enrollment

In order to receive health care benefits a veteran must enroll. You may enroll online at the VA site: [www.va.gov](http://www.va.gov). Click on the "Health" icon. Next, click "Returning Service Members." Then locate "To apply for health benefits online." This will open the electronic application for VA 10-10EZ.

### Services Available

- ❖ Primary medical care
- ❖ Specialty medical care
- ❖ Surgery care services
- ❖ Rehabilitation care
- ❖ Mental health assessment and referrals
- ❖ Transitional and readjustment counseling
- ❖ Post deployment briefings
- ❖ Female veteran health care
- ❖ Patient health care advocacy
- ❖ Patient health care information
- ❖ Combat stress information
- ❖ Referral to substance abuse treatment
- ❖ Referral for individual and family counseling
- ❖ Information and referral to veteran employment assistance.
- ❖ Information / referral to Vet Readjustment Center

## Social Work Case Manager/ Acting Program Manager

- ❖ O Danel Louis Gray, MSW, LCSW  
(314) 289-7635 Fax (314) 289-7999

## Nurse Case Manager

- ❖ Guy Spooner, RN, BSN  
(314) 894-6477 Fax (314) 894-6463

## Transitional Patient Advocate

- ❖ Robert Whalen (314) 289-7634  
(314) 289-7999 Fax (314) 289-7999

## TBI/Polytrauma Rehabilitation Program

(314) 894-6415

## OEF/OIF PTSD Program

JB - (314) 894-6417

## Community Based Outpatient Clinics

- ❖ Belleville: 618-398-2100
- ❖ St. Charles: 636-300-1425
- ❖ North County: 314-289-7950
- ❖ Washington: 314-289-7950
- ❖ Caregiver Support Program
- ❖ 314-652-4100 x54127

### The National Suicide Prevention Hotline

1(800) 273-TALK (8255)

### Eligibility Questions

- ❖ Anthony Luke (314) 289-7068  
(314) 289-7060 Fax

### Contact Numbers for Local Service Organizations:

American Legion (AL)

314-552-9884

American Veterans (AMVETS)

314-552-9888

Disabled American Veterans (DAV)

314-552-9883

Military Order of the Purple Heart (PH)

314-552-9746

Missouri Veterans Commission (MVC)

314-552-9885

Veterans of Foreign Wars (VFW)

314-552-9886

Paralyzed Veterans of America (PVA)

314-552-9887

### All Organizations Located at:

400 S. 18th Street

St. Louis, MO 63103

## VA Health Care and Benefits Information for Veterans

## OEF/OIF/OND *Care Management* PROGRAM

VA St. Louis  
Health Care System  
314-652-4100  
1-800-228-5459



Department of  
Veterans Affairs